

Child Care Instructions

1. Home and Family Information

Parent(s)' name(s) *[list any parents who live at this address; other parents may be listed under Emergency Contacts]*: _____

Names of Children: _____

Address: _____

Home phone number: _____

Cell phone: _____

Email: _____

2. Parent(s)' Work Information

[list name and address of employer, work phone number, and regular work hours for each parent]

3. Temporary Contact Information

[specify the address and phone number where you can be reached at a temporary location, such as a restaurant, movie, or friend's house, plus the times you will be at each location]

4. Child's Personal and Care Information

[provide the following information for each child]

Name of child: _____

Date of birth: _____

Allergies and other medical conditions: _____

Medications: _____

Meals, naps, and bedtime schedule: _____

Other comments: _____

5. Child's Health Care Providers

[list names, addresses, and phone numbers]

Doctor: _____

Dentist: _____

Other medical providers: _____

6. Emergency Contacts

[list names, addresses, and phone numbers of people who babysitter can contact if they can't reach you in case of emergency; specify their relationship to your family, such as children's aunt or neighbor]

IN CASE OF EMERGENCY, CALL 911.

7. Other Important Information
